

AMERICAN VINTAGE PANEL QUILT

 **Riley Blake**
DESIGNS.™



59" x 66"


Sweet Freedom
by Beverly McCullough

 = Confident Beginner

2/1/2024

AMERICAN VINTAGE PANEL QUILT

QUILT SIZE: 59" × 66"

Designed by Beverly McCullough of Flamingo Toes,
www.flamingotoes.com

Please read all instructions before beginning the project.
Yardage calculated using a 42" usable width of fabric.
Please note that prewashing can shrink your fabric. Always
verify after washing and drying that there is still 42" of usable
width available. Shrinkage can affect the size of panel motifs
and fussy cutting sizes may need to be adjusted.

GENERAL INSTRUCTIONS

Please check our website for any revisions before starting
this project, www.rileyblakedesigns.com/pattern-updates.
This pattern requires a basic knowledge of quilting
techniques and terminology. The quilt and block diagrams
portrayed are virtual images. The layout and look of your
project may differ when using actual fabric.

Measurements include ¼" seam allowance. Sew with RST
unless otherwise stated. Refer to the quilt layout diagram for
placement of the prints. Press seams as noted in each step
for best results. Dimensions listed in steps are unfinished
sizes unless otherwise stated.

Always verify your panel size before beginning. If your panel
measurements differ from those given in the pattern, trim
to the desired size or use coping strips to alter the size
of your panel. If coping strips are needed, add oversized,
coordinating strips of fabric to the necessary edges of the
panel, then trim to the size specified in the pattern.

WOF = Width of Fabric
RST = Right Sides Together
HST = Half Square Triangle
SNF = Stitch and Flip
FG = Flying Geese

FABRIC REQUIREMENTS

All fabrics are from the Sweet Freedom collection unless
otherwise stated.

(1) SP14419-PANEL American Vintage Panel
⅓ Yard SC14410-SAND Dollar Main
⅓ Yard SC14412-CLOUD Fireworks
¼ Yard SC14411-DENIM Barns

⅜ Yard C14414-RED Stars
½ Yard SC14413-OXFORD Summer Flowers
½ Yard C700-BARNRED on Cloud Dainty Daisy
⅝ Yard SC14412-OXFORD Fireworks
⅝ Yard C14417-BLUE Gingham Picnic (binding)
1 Yard SC14410-RED Main

OTHER SUPPLIES

Basic Sewing Supplies
2 Yards Wide Back backing fabric
(suggested WB14418-RED Sweet Freedom)
Batting (67" × 74")

CUTTING INSTRUCTIONS

Please read all pattern instructions before cutting fabrics.
Use a straight edge ruler and rotary cutter to cut your fabrics
and label all cuts as noted.



American Vintage Panel

Fussy cut (1) Panel 35 ¼" × 42 ¼", centered over the motif.



Sand Dollar Main

Cut (1) 3 ½" × WOF strip; subcut:
(6) 3 ½" × 6 ½" rectangles. Label as A.



Cloud Fireworks

Cut (1) 3 ½" × WOF strip; subcut:
(6) 3 ½" × 6 ½" rectangles. Label as B.



Denim Barns

Cut (2) 3" × WOF strips; subcut:
(24) 3" × 3" squares. Label as C.

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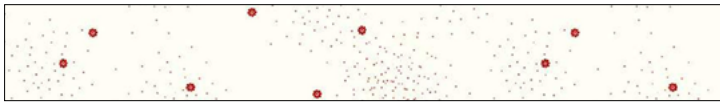
Red Stars

Cut (2) 4 ½" × WOF strips; subcut:
(16) 4 ½" × 4 ½" squares. Label as D.



Oxford Summer Flowers

Cut (4) 3 ½" × WOF strips. Piece together end-to-end; subcut:
(2) 3 ½" × 42 ¼" strips. Label as E.
(2) 3 ½" × 35 ¼" strips. Label as F.



Red on Cloud Dainty Daisy

Cut (2) 3" × WOF strips; subcut:
(24) 3" × 3" squares. Label as G.
Cut (3) 2 ½" × WOF strips; subcut:
(48) 2 ½" × 2 ½" squares. Label as H.



Oxford Fireworks

Cut (4) 3 ½" × WOF strips. Piece together end-to-end; subcut:
(2) 3 ½" × 42 ¼" strips. Label as I.
(2) 3 ½" × 35 ¼" strips. Label as J.
Cut (1) 2 ½" × WOF strip; subcut:
(16) 2 ½" × 2 ½" squares. Label as K.



Blue Gingham Picnic

Cut (7) 2 ½" × WOF strips for binding.



Red Main

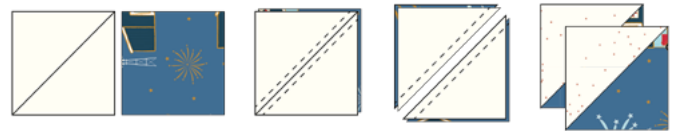
Cut (4) 6 ½" × WOF strips; subcut:
(2) 6 ½" × 35 ¼" strips. Label as L.
(2) 6 ½" × 24 ¼" strips. Label as M.
Cut (2) 3 ½" × WOF strips; subcut:
(24) 3 ½" × 3 ½" squares. Label as N.

SEWING TECHNIQUES

General sewing techniques used in this pattern are shown below. These methods will be referenced throughout the pattern in their abbreviated form.

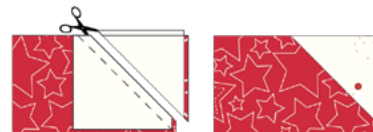
2-AT-A-TIME HALF SQUARE TRIANGLE METHOD (HST)

Place (2) squares RST. Draw a diagonal line on the wrong side of one square. Stitch ¼" on each side of the drawn line. Cut on the drawn line to create (2) HSTs. Press toward the darker fabric. Trim HSTs to desired size.



STITCH AND FLIP METHOD (SNF)

Place (2) pieces RST, matching raw edges in the corner to be replaced. Draw a diagonal line on the wrong side of the smaller piece across the corner. Stitch on the drawn line. Trim the seam allowance above the sewn line to ¼". Flip the small piece away from the bottom piece and press, replacing the corner. The size of the larger, original piece does not change.



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STITCH AND FLIP FLYING GEESE

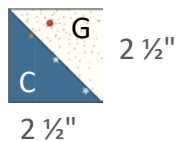
Draw a diagonal line, corner to corner, on the wrong side of (2) squares. Place (1) square in the right corner of (1) rectangle, RST, matching raw edges in the corner to be replaced. Stitch on the drawn line. Trim the seam allowance above the sewn line to $\frac{1}{4}$ ". Flip the small piece away from the bottom piece and press, replacing the corner. Repeat with the second square. The size of the original rectangle does not change.



BLOCK ASSEMBLY

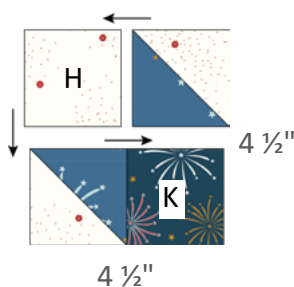
- Using the HST method, sew together (1) C square and (1) G square to make (2) HST units. Trim the HST units to measure $2\frac{1}{2}" \times 2\frac{1}{2}"$. Repeat to make a total of (48) HST units.

Make (48)



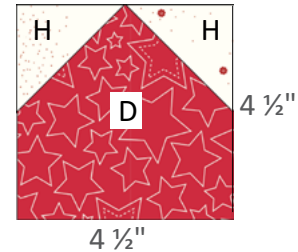
- Arrange (1) H square, (2) HST units, and (1) K square as shown. Sew the squares and units together in pairs. Press. Then sew the pairs together and press to make a Corner Unit. Repeat to make (16) Corner Units that each should measure $4\frac{1}{2}" \times 4\frac{1}{2}"$.

Make (16)



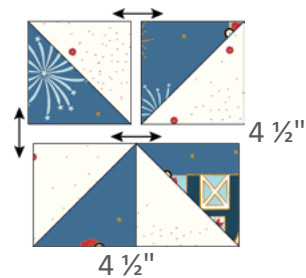
- Using the SNF method, attach (2) H squares to the top corner of (1) D square. Repeat to make (16) Side Units that each should measure $4\frac{1}{2}" \times 4\frac{1}{2}"$.

Make (16)



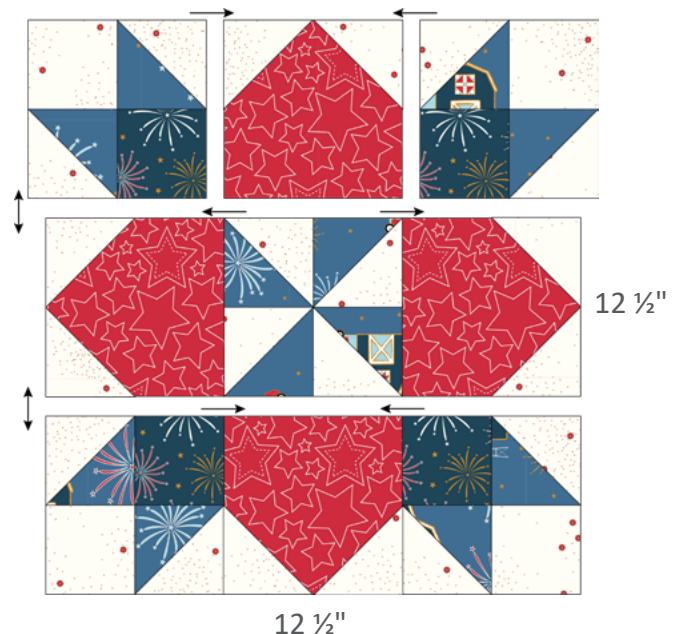
- Arrange (4) HST units as shown. Sew the units together in pairs. Press. Then sew the pairs together and press to make a Center Unit. Repeat to make (4) Center Units that each should measure $4\frac{1}{2}" \times 4\frac{1}{2}"$.

Make (4)



- Arrange (4) Corner Units, (4) Side Units, and (1) Center Unit as shown. Sew the units together in rows. Press. Then sew the rows together and press to make a Corner Block. Repeat to make (4) Corner Blocks that each should measure $12\frac{1}{2}" \times 12\frac{1}{2}"$.

Make (4)

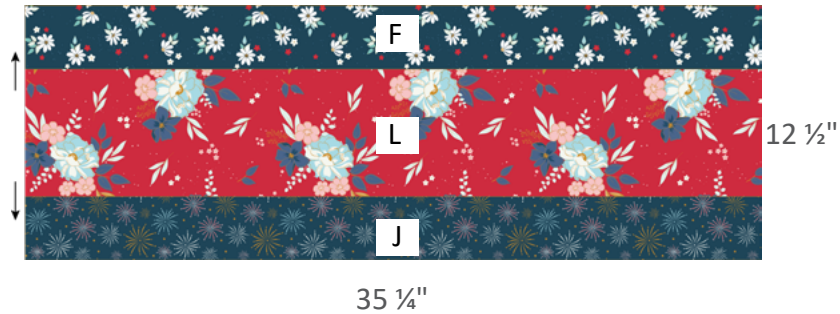


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QUILT ASSEMBLY

- Sew (1) F strip, (1) L strip, and (1) J strip together as shown. Repeat to make a total of (2) Top/Bottom Borders that each should measure $12\frac{1}{2}" \times 35\frac{1}{4}"$.

Make (2)

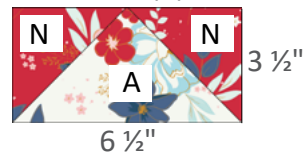


- Using the FG method, attach (2) N squares to the top corners of (1) B rectangle. Repeat to make (6) Cloud Fireworks FG Units that each should measure $3\frac{1}{2}" \times 6\frac{1}{2}"$.
- Using the FG method, attach (2) N squares to the top corners of (1) A rectangle. Repeat to make (6) Sand Dollar Main FG Units that each should measure $3\frac{1}{2}" \times 6\frac{1}{2}"$.

Make (6)

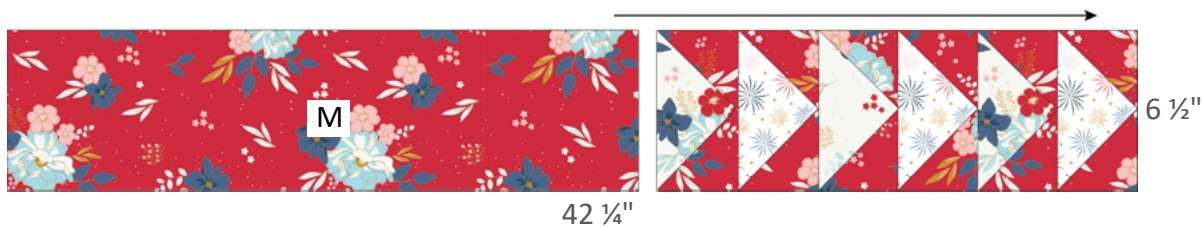


Make (6)



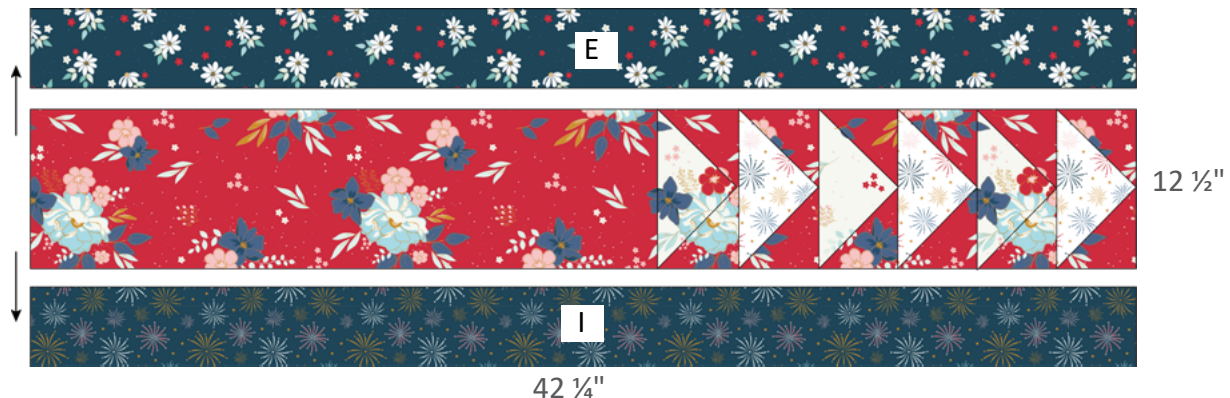
- Sew (1) M strip, (3) Cloud Fireworks FG Units, and (3) Sand Dollar Main FG Units together as shown. Repeat to make (2) Side Borders that each should measure $6\frac{1}{2}" \times 42\frac{1}{4}"$.

Make (2)



- Sew (1) E strip, (1) I strip, and (1) Side Border together as shown. Repeat to make (2) Side Borders that each should measure $12\frac{1}{2}" \times 42\frac{1}{4}"$.

Make (2)



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11. Arrange (4) Corner Blocks, (2) Top/Bottom Borders, (2) Side Borders, and (1) American Vintage Panel as shown. Sew the blocks, borders, and panel together in rows. Press. Sew the rows together to complete the quilt top. The quilt top should measure 59 ¼" x 66 ¼".

QUILT LAYOUT DIAGRAM



FINISHING

Finish the quilt by layering the quilt top, batting, and backing. Baste quilt layers together and quilt as desired. Bind with the Blue Gingham Picnic binding strips.

Enjoy and share your quilt using the hashtags [#sweetfreedomfabric](#), [#americanvintagepanelquilt](#), [#rileyblakedesigns](#) and [#iloverileyblake](#).