

+FACE MASK SEWING TUTORIAL

with straps



+ SIZE OPTIONS

4" x 9"
Child

5" x 10"
Adult Small

6" x 11"
Adult Medium

7" x 12"
Adult Large

Measurements refer to cut size of fabric



+ SUPPLIES

- + (2) Rectangles (select from size options above)
- + (4) 2" x 20" Strips
- + Coordinating Thread
- + Scissors
- + Point Turner (optional)

+ STEP 1: MAKE STRAPS



- + Fold approximately 1/4" on one side of each strip & press



- + Fold strip in half lengthwise & press



- + Open & fold each edge inside towards previous crease



- + Fold one more time, press and hold in place with clips



- + Topstitch as you see here to finalize your straps (make 4 total)

+ STEP 2: CREATE SEAM FOR FILTER POCKET



- + Fold under 1/8" - 1/4" lengthwise on only the TOPS of your inner & outer fabrics and top stitch

+ STEP 3: ATTACH STRAPS



- + Carefully place the unfinished edge of your straps 1/2" away from the edges as you see above & secure them to keep in place



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+ STEP 4: PUT IT ALL TOGETHER



- + Take your second rectangle and place it right sides together. Careful not to let any straps escape
- + Stitch using 1/4" seam allowance around all edges
- + Leave a 3" opening along the top (backstitch)
- + Trim the four corners to the stitches to remove bulk

+ STEP 5: FLIP & PRESS



- + Turn mask right sides out by using that 3" hole
- + Use a point turner to get the corners out and press

+ STEP 6: PLEATS



- + Make pleats by folding mask in a zigzag pattern every 3/4" & press

+ STEP 7: FINISH IT UP



- + Hold in place with clips and stitch using a 1/4" seam along both sides to secure pleats (backstitch)



Make a difference
ONE STITCH AT A TIME!

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