

The Good Life Runner

designed by Marsha Evans Moore

featuring Life's Recipes fabric collection by Pela Studios

SIZE: 45-3/4" x 20"



THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.

PLEASE NOTE: BEFORE MAKING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT WINDHAMFABRICS.COM'S FREE PROJECTS SECTION.



The Good Life Runner

KEY	FABRIC	SKU	YD	CUTTING INSTRUCTIONS
A		52436P-1	1 Panel	Centering small panels, fussy-cut (4) 8-1/2" x 10-1/2" rectangles.
B		52437-3	1/2	(6) 1-3/4" x WOF strips; subcut (2) 1-3/4" x 38-3/4" borders, (2) 1-3/4" x 13" borders, (5) 1-3/4" x 10-1/2" strips and (8) 1-3/4" x 8-1/2" strips.
C		52438-3	1/8	(1) 3-5/8" x WOF strip; subcut (1) 3-5/8" x 4-1/4" rectangle and (2) 1-1/8" x 2-3/8" rectangles.
D		52439-1	1/8	(1) 2-3/8" x WOF strip; subcut (6) 2-3/8" squares and (12) 1-1/8" squares.
E		52439-2	1/8	(1) 2-3/8" x WOF strip; subcut (2) 2-3/8" squares, (10) 1-3/4" squares and (4) 1-1/8" squares.
F		52439-3	3/8	FOR BINDING: (4) 2-1/4" x WOF strips; trim ends diagonally. Sew ends together.
G		52440-1	3/8	(3) 3" x WOF strips; subcut (2) 3" x 38-3/4" borders and (2) 3" x 13" borders.
H		52440-3	1/8	(1) 3-5/8" x WOF strip; subcut (2) 3-5/8" x 4-1/4" rectangle and (4) 1-1/8" x 2-3/8" rectangles.
I		40171-62	1/8	(1) 3-5/8" x WOF strip; subcut (1) 3-5/8" x 4-1/4" rectangles and (2) 1-1/8" x 2-3/8" rectangles.
		Backing	1-1/2	54" x 28" batting

Project Disclaimer: Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however, no warranty can be given nor results guaranteed. Therefore, we assume no responsibility nor damages that may occur when referring to this pattern. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. We suggest you check windhamfabrics.com for pattern updates and to test the pattern prior to making the project. Test templates first, before cutting all the pieces. Free projects are not for resale.

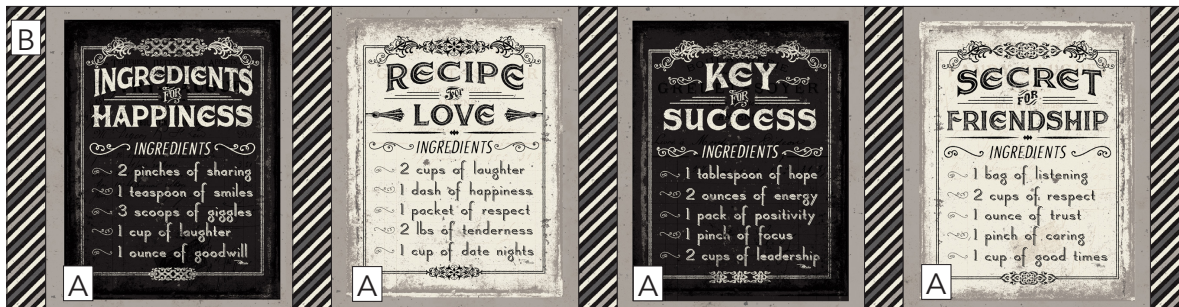


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1. Sew together (5) **B** 1-3/4" x 10-1/2" sashing strips alternating with (4) **A** 8-1/2" x 10-1/2" rectangles to make the block row. Note order of rectangles. Block row should measure 10-1/2" x 38-3/4" including seam allowance. Make 1.

2. Sew together (5) **E** 1-3/4" squares alternating with (4) **B** 1-3/4" x 8-1/2" sashing strips to make sashing rows. Sashing rows should measure 1-3/4" x 38-3/4" including seam allowance. Make 2.

Step 1



Make 1

Step 2



Make 2

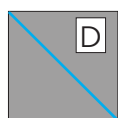
3. Sew (1) sashing row to top and bottom of block row. Runner center should measure 13" x 38-3/4" including seam allowance. Make 1.



Make 1

HEART BLOCKS

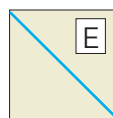
4. Draw a diagonal line on the wrong side of fabric **D** and **E** 2-3/8" squares and 1-1/8" squares. Make the number indicated.



Make 6



Make 12



Make 2



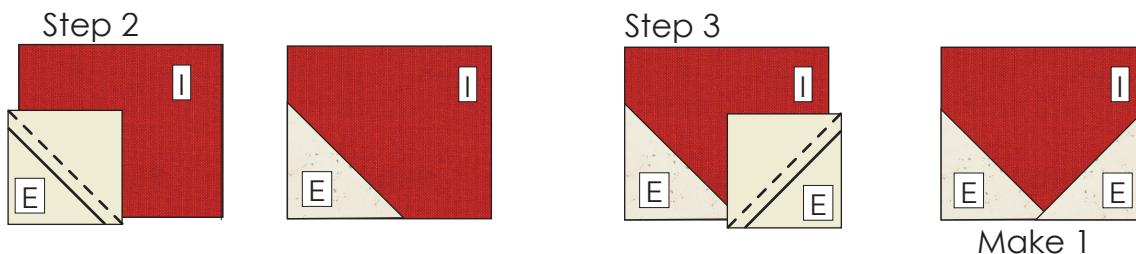
Make 4



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5. Place (1) **E** 2-3/8" square right side down on one lower corner of (1) fabric **I** 3-5/8" x 4-1/4" rectangle. Sew along the drawn line. Trim the stitching to 1/4" as indicated by the solid line. Press the **E** piece open.

6. Sew (1) **E** 2-3/8" square to the other lower corner of the fabric **I** 3-5/8" x 4-1/4" rectangle. Trim and press in the same manner to make lower heart unit. Unit should measure 3-5/8" x 4-1/4" including seam allowance. Make 1.



7. Place (1) **E** 1-1/8" square right side down on one end of (1) **I** 1-1/8" x 2-3/8" rectangle. Sew along the drawn line. Trim the stitching to 1/4" as indicated by the solid line. Press the **E** piece open.



8. Sew (1) **E** 1-1/4" square to the other end of the **I** rectangle, trim and press in the same manner to make rectangle unit. Unit should measure 1-1/8" x 2-3/8" including seam allowance. Make 2.

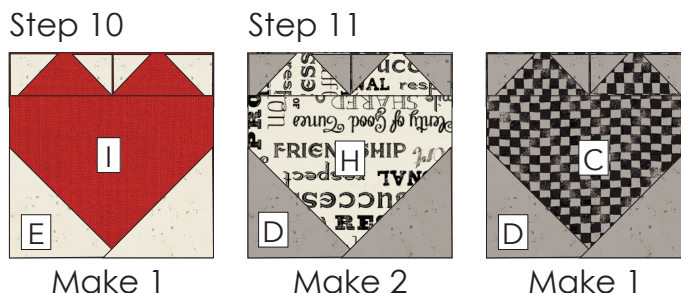


9. Sew (2) rectangle units together to make upper heart unit.



10. Sew upper and lower heart units together. The heart block should measure 4-1/4" square including seam allowances. Make 1.

11. Follow steps 5-10 to make heart blocks using the fabric combinations shown. Make the number of blocks indicated.





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BORDERS

- 12.** Following the Layout shown below, sew (1) **B** 1-3/4" x 13" border to left side of (1) **G** 3" x 13" border. Sew (1) **B** 1-3/4" x 13" border to right side of (1) **G** 3" x 13" border. Make 1 each.
- 13.** Sew (1) **B** 1-3/4" x 38-3/4" border to top of (1) **G** 3" x 38-3/4" border. Sew (1) **B** 1-3/4" x 38-3/4" border to bottom of (1) **G** 3" x 38-3/4" border. Sew (2) patchwork hearts to ends of top and bottom borders. Note position of hearts. Make 1 each.
- 14.** Sew side borders to sides of quilt. Sew top and bottom borders to top and bottom of quilt.



FINISHING: Layer quilt top, batting and backing together to form quilt sandwich. Baste and quilt as desired. Bind using **F** 2-1/4" strips.