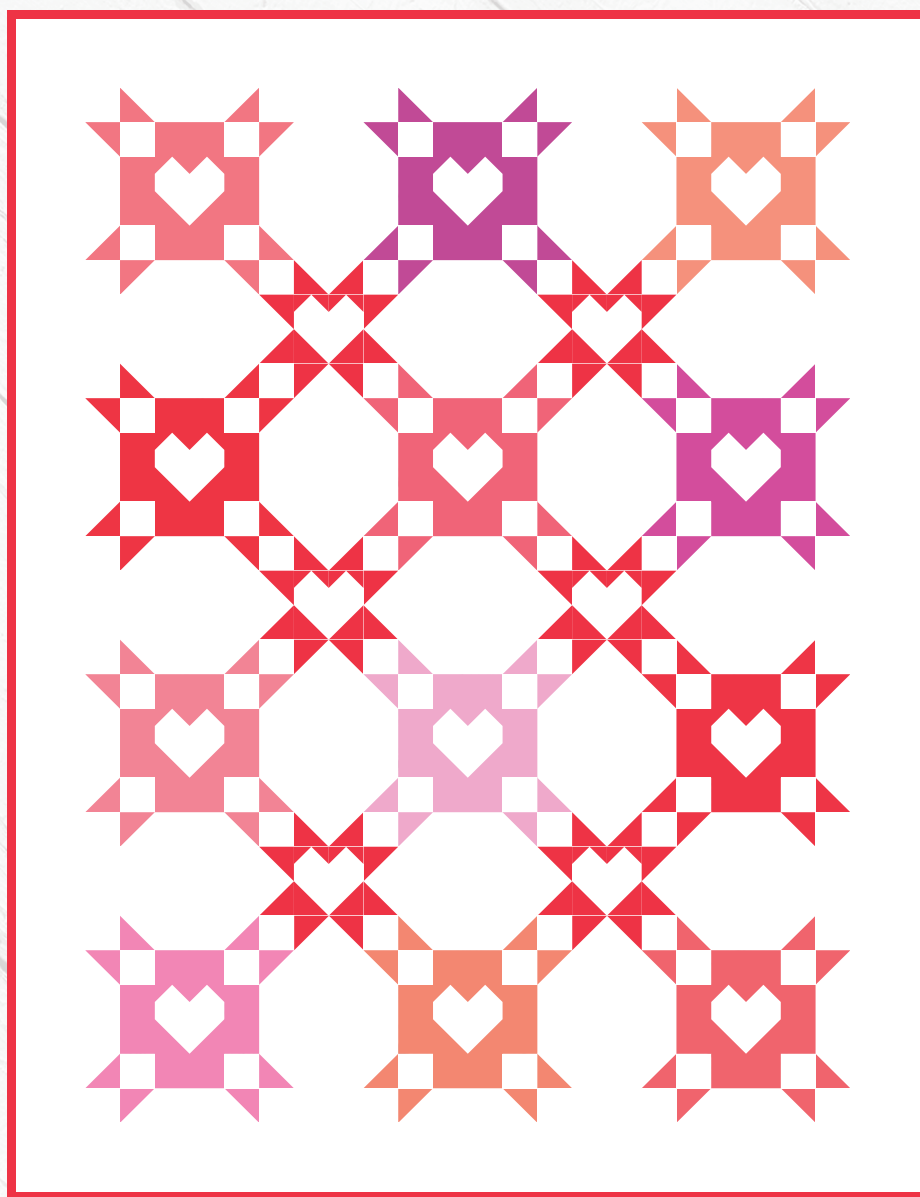




HEALING HEARTS QUILT PATTERN



Finished Size: 65 1/2" x 85 1/2"



#HealingHeartsQuilt

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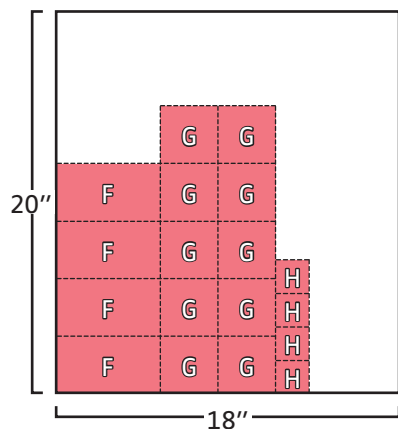


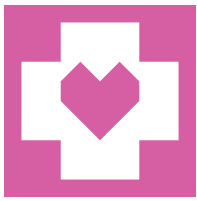
HEALING HEARTS QUILT PATTERN

Cutting:

	Yardage	Letters	Sizes & Quantities
Background and Borders	5 1/2 yards	A	48 - 3" x 10 1/2" rectangles
		B	36 - 3" x 5 1/2" rectangles
		C	96 - 3" squares
		D	17 - 5 1/2" x 15 1/2" rectangles
		E	9 - 5 1/2" x width of fabric strips
Healing Hearts Blocks	12 Fat Quarters (From each Fat Quarter)	F	4 - 3" x 5 1/2" rectangles (48 total)
		G	10 - 3" squares (120 total)
		H	4 - 1 3/4" squares (48 total)
Sashing Blocks and Binding	1 1/3 yards	I	60 - 3" squares
		J	24 - 1 3/4" squares
		K	9 - 2 1/2" x width of fabric strips
Backing	5 1/3 yards		

Fat Quarter Cutting Diagram for Fabrics F to H:





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Use 1/4" seams and press as arrows indicate throughout.

Healing Hearts Blocks:

Draw a diagonal line on the wrong side of the Fabric G and Fabric H squares.

With right sides facing, layer Fabric H squares on the top left and top right corners of a Fabric B rectangle.

Stitch on the drawn line and trim 1/4" away from the seam.



Repeat on the bottom end with a Fabric G square.

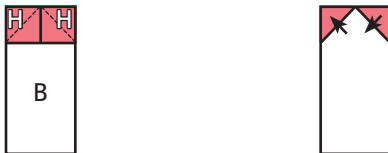
Left Heart Unit should measure 3" x 5 1/2".



Make one from each Fat Quarter.
Make twelve total.

With right sides facing, layer Fabric H squares on the top left and top right corners of a Fabric B rectangle.

Stitch on the drawn line and trim 1/4" away from the seam.



Repeat on the bottom end with a Fabric G square.

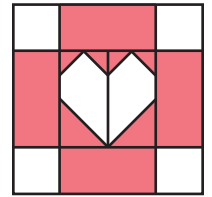
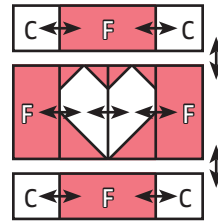
Right Heart Unit should measure 3" x 5 1/2".



Make one from each Fat Quarter.
Make twelve total.

Assemble Unit using matching fabric.

Center Healing Hearts Unit should measure 10 1/2" x 10 1/2".



Make one from each Fat Quarter.
Make twelve total.

With right sides facing, layer a Fabric G square on one end of a Fabric A rectangle.

Stitch on the drawn line and trim 1/4" away from the seam.



Repeat on the opposite end.

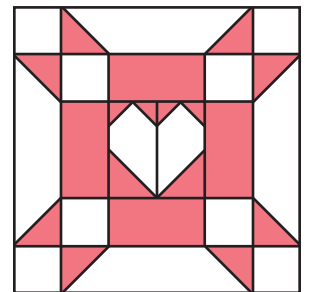
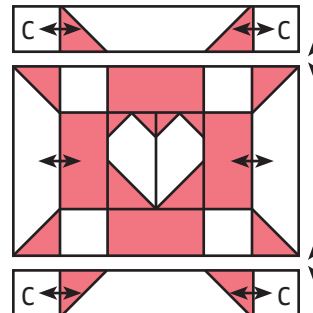
Outside Healing Hearts Unit should measure 3" x 10 1/2".



Make four from each Fat Quarter.
Make forty-eight total.

Assemble Block.

Healing Hearts Block should measure 15 1/2" x 15 1/2".



Make one from each Fat Quarter.
Make twelve total.



HEALING HEARTS QUILT PATTERN

Sashing Blocks:

Draw a diagonal line on the wrong side of the Fabric I squares.

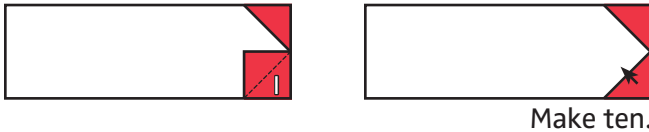
With right sides facing, layer a Fabric I square on the top right corner of a Fabric D rectangle.

Stitch on the drawn line and trim $\frac{1}{4}$ " away from the seam.



Repeat on the bottom right corner.

Outside Sashing Block should measure $5\frac{1}{2}$ " x $15\frac{1}{2}$ ".



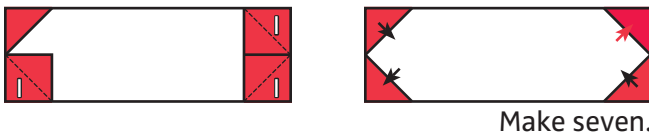
With right sides facing, layer a Fabric I square on one corner of a Fabric D rectangle.

Stitch on the drawn line and trim $\frac{1}{4}$ " away from the seam.



Repeat on the remaining corners.

Center Sashing Block should measure $5\frac{1}{2}$ " x $15\frac{1}{2}$ ".



Draw a diagonal line on the wrong side of the Fabric J squares.

With right sides facing, layer Fabric J squares on the top left and top right corners of a Fabric B rectangle.

Stitch on the drawn line and trim $\frac{1}{4}$ " away from the seam.



Repeat on the bottom end with a Fabric I square.

Left Heart Sashing Unit should measure 3" x $5\frac{1}{2}$ ".



With right sides facing, layer Fabric J squares on the top left and top right corners of a Fabric B rectangle.

Stitch on the drawn line and trim $\frac{1}{4}$ " away from the seam.



Repeat on the bottom end with a Fabric I square.

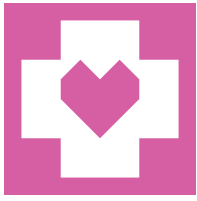
Right Heart Sashing Unit should measure 3" x $5\frac{1}{2}$ ".



Assemble Block.

Heart Sashing Block should measure $5\frac{1}{2}$ " x $5\frac{1}{2}$ ".

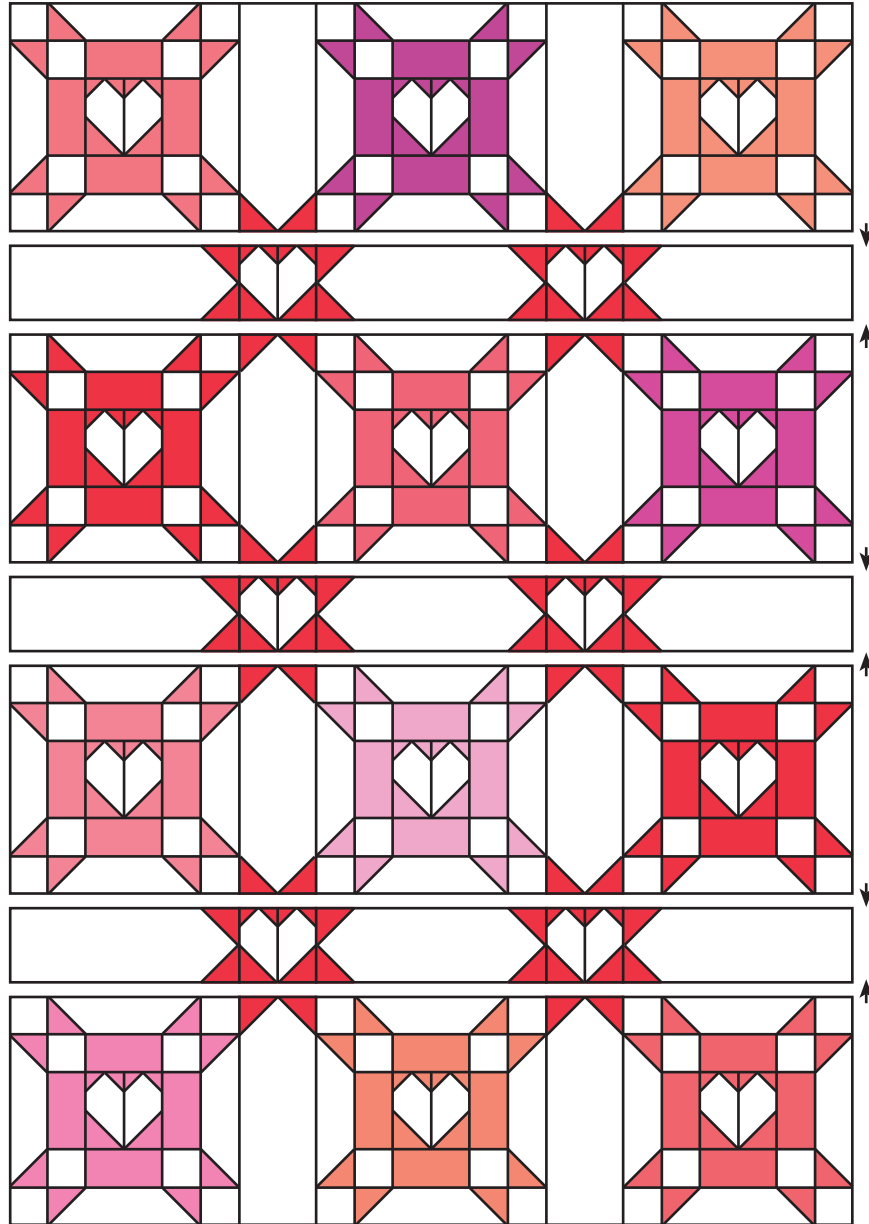


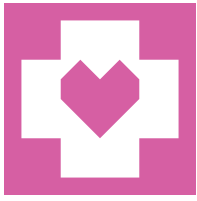


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Assemble Quilt Center. Press toward the Sashing Blocks.

Quilt Center should measure 55 1/2" x 75 1/2".





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Borders:

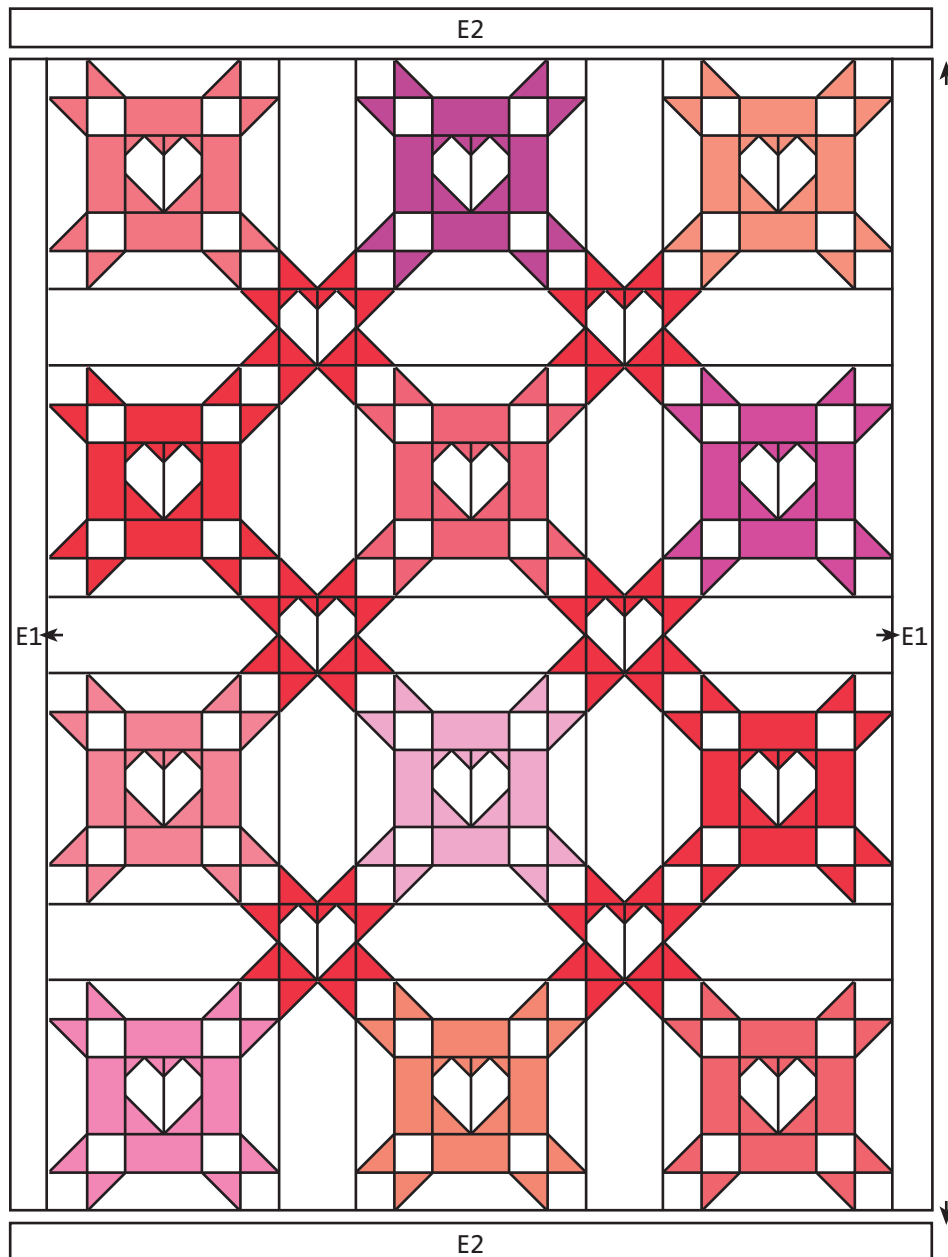
Piece the Fabric E strips end to end and subcut into:

2 - 5 1/2" x 75 1/2" (Side Borders - E1)

2 - 5 1/2" x 65 1/2" (Top & Bottom Borders - E2)

Attach the Side Borders.

Attach the Top and Bottom Borders.



Finishing:

Piece the Fabric K strips end to end for binding.

Quilt and bind as desired.