

HEAD OVER HEELS


Riley Blake
DESIGNS




saturdayPARIS
by christopher thompson

HEAD OVER HEELS QUILT



Finished quilt: aprox. 48½" x 48½"

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Fabric: Saturday in Paris by Christopher Thompson

INSTRUCTIONS:

Please read through all the directions first before starting and assume ¼" seam allowance. Sew with right-sides together unless otherwise stated. Press all seams in the direction of the arrows on the diagrams. Yardage is based on a 42" width of fabric.

WOF: Width of Fabric

LOF: Length of Fabric

RST: Right sides together

This quilt pattern is an intermediate level quilt pattern. Basic knowledge of quilt piecing techniques and terminology as well as curved seam assembly is required. Please visit our website at www.rileyblakedesigns.com/pattern-updates to check for any updates before beginning this project. Have fun!

FABRIC REQUIREMENTS:

- 1⅝ yards White Hexi Dot (C11366-WHITE)
- ¾ yard Coral Smile (C11365-CORAL)
- ⅝ yard Songbird Flowers (C11364-SONGBIRD)
- ⅓ Yard Mint Main (C11360-MINT)
- ⅓ Yard Denim Icons (C11363-DENIM)
- ⅓ Yard Songbird Icons (C11363-SONGBIRD)
- ¾ yard Navy Towers (C11362-NAVY)
- ½ yard Pink Friends (C11361-PINK)
- ½ yard Denim Stripe (C11367-DENIM) Binding

CUTTING DIRECTIONS:



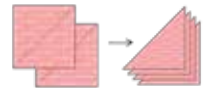
White Hexi Dot

- Cut (1) 12" square (Label as A)
- Cut (8) 8½" squares (Label as B)
- Cut (6) 9½" squares (Label as C)
- Cut (32) 2¼" squares (Label as M)
- Cut (16) D-Templates



Coral Smile

- Cut (2) 9" x 9" squares
- subcut each square once on the diagonal to make a total of (4) triangles (Label as E)



Songbird Flowers

- Cut (32) 4½" squares (Label as F)



Mint Main

- Cut (2) 10½" squares (Label as G)



Denim Icons

- Cut (2) 10½" squares (Label as H)



Songbird Icons

- Cut (2) 9½" squares (Label as I)



Navy Towers

- Cut (16) 4½" squares (Label as J)



Pink Friends

- Cut (8) 4½" x 8½" rectangles (Label as K)
- Cut (16) L-Templates



Denim Stripe

- Cut (6) 2½" x WOF strips for Binding.

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BLOCK PIECING DIRECTIONS:

Please assemble the quilt in order shown. Blocks are assembled individually and then set aside till the final quilt assembly. Trim directions are given often to ensure accurate piecing. Please refer to the main Letter Label diagram often for placement of directional prints.



Center Block:

Unfinished Block $16\frac{1}{2}'' \times 16\frac{1}{2}''$
Make 1.

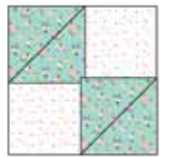
1. Take (2) E-triangles and lay and pin them to either side of the A-square as shown. Note the corners of the triangles will extend past on either side of the block. Sew at $\frac{1}{4}''$ seam allowance and press. Trim off the dog ears.
2. Repeat with the remaining (2) E-triangles as shown. Pin, sew, trim and press. The Center Block should measure $16\frac{1}{2}'' \times 16\frac{1}{2}''$ square. Set aside.



Square-in-a-Square Block:

Unfinished Block $8\frac{1}{2}'' \times 8\frac{1}{2}''$
Make 8.

3. Take (4) F-squares and draw a diagonal line from corner to corner on the wrong side of the fabric as shown.
4. Using (2) F-squares, lay and pin them with RST to opposite corners of the B-square as shown. Sew along the drawn line and trim away the outside triangle at $\frac{1}{4}''$ seam allowance. Press seams.
5. Repeat with the remaining (2) F-squares as shown. Pin, sew, trim and press. The Square-in-a-Square Block should measure $8\frac{1}{2}'' \times 8\frac{1}{2}''$ square. Make (8) in total. Set aside.

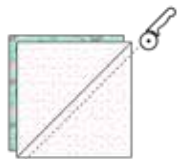
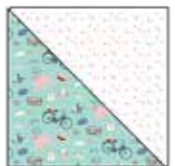


Half-Square Triangle Block:

Unfinished Block $8\frac{1}{2}'' \times 8\frac{1}{2}''$
Make 4

This pattern uses the 2-at-a-time method for the following HSTs.

6. Take (1) C-square and draw a diagonal line from corner to corner on the wrong side of the fabric as shown.
7. Next, take (1) I-square and lay and pin them together with RST. Sew a $\frac{1}{4}''$ seam on either side of the drawn line and trim along the drawn line. This makes (2) HSTs. Press seams. Trim the HST Block to measure $8\frac{1}{2}'' \times 8\frac{1}{2}''$ square. Make one more set for a total of (4) HST Blocks. Set aside.



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Half-Square/Half-Square Triangle Block:

Unfinished Block $8\frac{1}{2}'' \times 8\frac{1}{2}''$

Make 8: (4) Right and (4) Left Blocks.



8. Take (1) G-square and draw a diagonal line from corner to corner on the wrong side of the fabric as shown.



9. Next, take (1) H-square and lay and pin them together with RST. Sew a $\frac{1}{4}''$ seam on either side of the drawn line and trim along the drawn line. This makes (2) HSTs. Press seams. Trim the HST Block to measure $9\frac{1}{2}'' \times 9\frac{1}{2}''$ square. Make (4) HST Blocks. Set aside.



10. Now, take (1) C-square and draw a diagonal line from corner to corner on the wrong side of the fabric as shown.



11. Next, trace (1) GH-HST and lay and pin them together with RST with the GH seam intersecting as shown. Sew a $\frac{1}{4}''$ seam on either side of the drawn line and trim along the drawn line. This makes a total (2) HST Blocks: (1) Right and (1) Left Block. Press seams. Using a square ruler with a 45-degree line, find the center at $4\frac{1}{4}''$ and square up the HST block to measure $8\frac{1}{2}'' \times 8\frac{1}{2}''$.



12. Make (4) sets in total that equal to (8) HST Blocks.



13. Take (1) Right HST Block and (1) Left HST Block and pin and sew them together matching the H-fabric in the center. Press seams. Unit should measure $8\frac{1}{2}'' \times 16\frac{1}{2}''$. Make (4) Half-Square/Half-Square Triangle Block Units together. Set aside.



X-Block:

Unfinished Block $8\frac{1}{2}'' \times 8\frac{1}{2}''$

Make 8.



14. Draw a diagonal line from corner to corner on the wrong side of (2) M-squares as shown.



15. Take (1) J-square and lay and pin the M-squares on opposite corners of the square as shown. Sew along the drawn line and trim away the outside triangle at $\frac{1}{4}''$ seam allowance. Press seams. Make (4) in total.



16. Lay out all (4) sewn J-squares to form an X-square pattern. Pin and sew the blocks in the top row and bottom rows together. Press seams. Pin and sew both rows together and press seams. The X-Block should measure $8\frac{1}{2}'' \times 8\frac{1}{2}''$ square. Make (4) in total. Set aside.



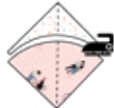
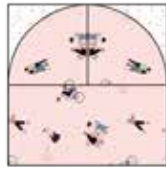
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Curved Pieced Block:

Unfinished Block $8\frac{1}{2}'' \times 8\frac{1}{2}''$

Make 8.

17. Gather (1) D-template and (1) L-template piece. Fold each template in half as indicated in the diagram, RST. Be sure to perfectly align the edges of the templates when folding for accuracy. Use an iron to press a crease marking the exact center of each template.



18. After pressing the creases in the above step, place the two templates RST. Align the pressed creases of each template pair, and pin in place at the creases. Next, align either end of each template pair perfectly so that templates create a straight edge. Pin in place thoroughly. Please note that templates will appear bunched at this step but will become smooth as sewing progresses.



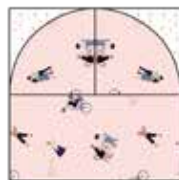
19. Sew the D and L pieces together using a curved seam. Stitch slowly, stop as often as you need to adjust fabrics. Ensure both fabrics are placed evenly within the $\frac{1}{4}''$ seam allowance. You can also use your fingers to smooth the fabrics to prevent puckers. Follow the natural curve of the fabric. Open up the DL-Block and press the seams to the dark L-fabric. The block should lay flat like magic and should measure $4\frac{1}{2}'' \times 4\frac{1}{2}''$ square. Make (16) Template Blocks in total.



20. Next, take (2) Template Blocks and sew them together as shown.



21. Then take (1) K-rectangle and pin and sew it to the (2) Template Blocks. Press the seam towards the K-rectangle. The block should measure $8\frac{1}{2}'' \times 8\frac{1}{2}''$ square. Make (8) Curved Pieced Blocks in total.



ASSEMBLE THE QUILT:

1. Gather (4) Square-in-a-Square Blocks and sew them together in pairs as shown. Set aside.
2. Next gather the Center Block and (2) HST/HST Block Units. Lay them out as shown in the diagram and sew them together. Press seams outwards.
3. Sew the (2) vertical Square-in-a-Square Blocks on either side of the unit and press seams towards the center. The Center Unit should measure $16\frac{1}{2}'' \times 48\frac{1}{2}''$. Set aside.



4. Next gather (4) Curved Pieced Blocks, (4) HST Blocks and (2) HST/HST Block Units. Lay them out in (2) rows using the diagram and sew the blocks together in each row. Each row should measure $8\frac{1}{2}'' \times 48\frac{1}{2}''$. Set aside.



5. Lastly gather (4) X-Blocks, (4) Curved Pieced Blocks and (4) HST Blocks. Lay them out in (2) rows using the diagram and sew the blocks together in each row. Each row should measure $8\frac{1}{2}'' \times 48\frac{1}{2}''$. Set aside.



HEAD OVER HEELS QUILT

6. Layout the Head Over Heels Quilt Top as shown. Pin and sew each row together. Press all the seams downwards. The quilt top should measure 48½" x 48½".



YOUR QUILT TOP IS COMPLETE!!!

Layer your backing, batting and quilt top. Quilt as desired. Bind the edges with your favorite binding method using the prepared binding. Enjoy and share your quilt using the hashtags [#saturdayinparisfabric](#) [#headoverheelsquilt](#) [#rileyblakedesigns](#) [#iloverileyblake](#).



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