

Free Spirit 

Heart Beats Quilt

Featuring *Tiny Beasts* and *True Colors* by Tula Pink

Tula Pink's color-drenched prints create a vibrant beat in this easy quilt. Simple-to-sew triangles and half-triangles make it a quick quilt to make.

Collection:	Tiny Beasts and True Colors by Tula Pink
Technique:	Pieced
Skill Level:	Beginner
Finished Size:	Finished Size: 68" x 72" (1.73m x 1.83m)
	Finished Triangle Size: 4" x 6" (10.16cm x 15.24cm)

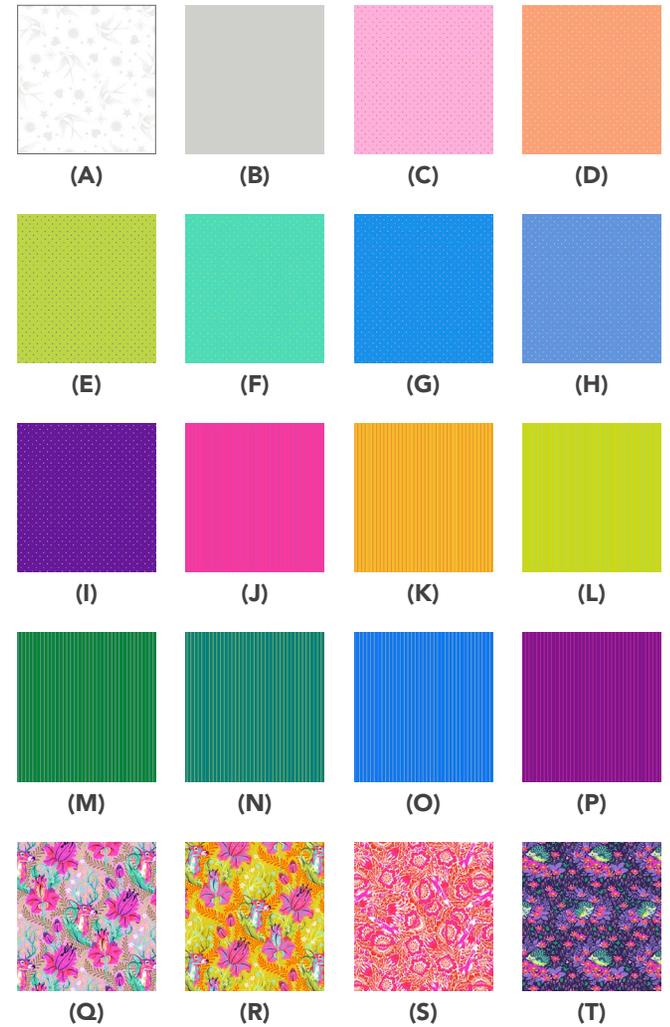
All possible care has been taken to assure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

Project designed by Tula Pink | Tech edited by Alison M. Schmidt

Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Fairy Flakes	Paper	PWTP157.PAPER	1 ⁷ / ₈ yards (1.71m)
(B) Designer Essential Solids	Putty	CSFSESS.PUTTY	1 ⁷ / ₈ yards (1.71m)
(C) Tiny Dots	Candy	PWTP185.CANDY	1/4 yard (0.23m)
(D) Tiny Dots	Peachy	PWTP185.PEACHY	1/4 yard (0.23m)
(E) Tiny Dots	Meadow	PWTP185.MEADOW	1/4 yard (0.23m)
(F) Tiny Dots	Peacock	PWTP185.PEACOCK	1/4 yard (0.23m)
(G) Tiny Dots	Sky	PWTP185.SKY	1/4 yard (0.23m)
(H) Tiny Dots	Bluebell	PWTP185.BLUEBELL	1/4 yard (0.23m)
(I) Tiny Dots	Opal	PWTP185.OPAL	1/4 yard (0.23m)
(J) Tiny Stripes	Mystic	PWTP186.MYSTIC	1/4 yard (0.23m)
(K) Tiny Stripes	Sunrise	PWTP186.SUNRISE	1/4 yard (0.23m)
(L) Tiny Stripes	Moonglow	PWTP186.MOONGLOW	1/4 yard (0.23m)
(M) Tiny Stripes	Fern	PWTP186.FERN	1/4 yard (0.23m)
(N) Tiny Stripes	Songbird	PWTP186.SONGBIRD	1/4 yard (0.23m)
(O) Tiny Stripes	Clarity	PWTP186.CLARITY	1/4 yard (0.23m)
(P) Tiny Stripes	Aster	PWTP186.ASTER	1/4 yard (0.23m)
(Q) Deer John	Glimmer	PWTP178.GLIMMER	1/4 yard (0.23m)
(R) Deer John	Glow	PWTP178.GLOW	1/4 yard (0.23m)
(S) Out Foxed	Glimmer	PWTP184.GLIMMER	1/4 yard (0.23m)
(T) Who's Your Dandy	Glimmer	PWTP182.GLIMMER	1/4 yard (0.23m)

continued...



Fabric Requirements (continued...)

DESIGN	COLOR	ITEM ID	YARDAGE
(U) Who's Your Dandy	Glow	PWTP182.GLOW	¼ yard (0.23m)
(V) Painted Ladies	Glimmer	PWTP183.GLIMMER	¼ yard (0.23m)
(W) Painted Ladies	Glow	PWTP183.GLOW	¼ yard (0.23m)
(X) Oh Nuts!	Glimmer	PWTP179.GLIMMER	¼ yard (0.23m)
(Y) Oh Nuts!	Glow	PWTP179.GLOW	¼ yard (0.23m)
(Z) Bear With Me	Glimmer	PWTP180.GLIMMER	¼ yard (0.23m)
(AA) Bear With Me	Glow	PWTP180.GLOW	¼ yard (0.23m)
(AB) One Man's Trash	Glimmer	PWTP181.GLIMMER	¼ yard (0.23m)
(AC) One Man's Trash	Glow	PWTP181.GLOW	¼ yard (0.23m)
(AD) Tiny Stripes	Wildfire	PWTP186.WILDFIRE	¼ yard (0.23m)
(AE) Tiny Stripes	Petal	PWTP186.PETAL	¼ yard (0.23m)
(AF) Tiny Dots	Watermelon	PWTP185.WATERMELON	¼ yard (0.23m)
(AG) Tiny Dots	Thistle	PWTP185. THISTLE	¼ yard (0.23m)
(AH) Tiny Dots	Flare	PWTP185.FLARE	¼ yard (0.23m)
(AI) Tiny Stripes	Misty	PWTP186.MISTY	¼ yard (0.23m)
(AJ) Tiny Stripes	Honesty	PWTP186.HONESTY	¼ yard (0.23m)
(AK) Out Foxed	Glow	PWTP184.GLOW	¼ yard (0.23m)
(AL) Tiny Stripes	Spark	PWTP186.SPARK*	⅞ yard (0.80m)

* binding

Backing (Purchased Separately)

44" (1.12m) wide

Painted Ladies

Glow PWTP183.GLOW 4½ yards (4.11m)

OR

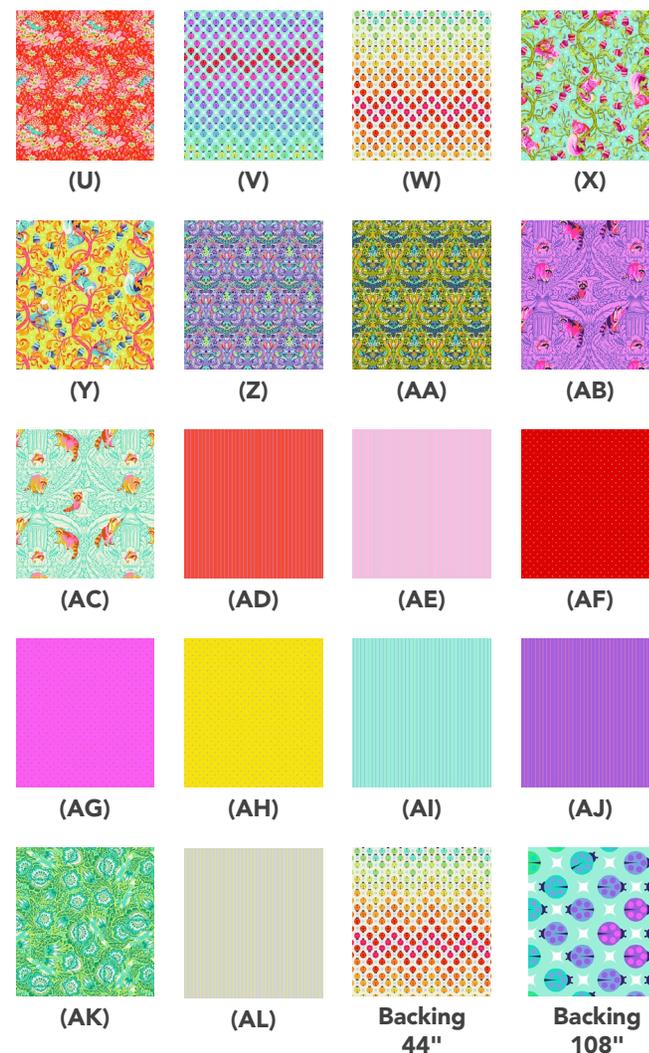
108" (2.74m) wide

Lady Luck

Glimmer QBTP008.GLIMMER 2¼ yards (2.06m)

Additional Recommendations

- 100% cotton thread in colors to match
- 76" x 80" (1.93m x 2.03m) batting
- Template plastic



Prep

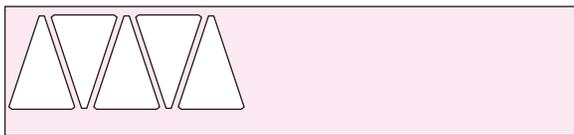
Print the template patterns on page 6 at 100% actual size. Trace onto template plastic, transfer all markings, and cut out on the outer solid line.

Cutting

WOF = Width of Fabric

Note: Alternate triangles 180° while cutting (Fig.1).

Fig. 1



To cut reversed half-triangles, flip the template over to cut with the text side down. Label cut pieces with fabric letter identifier for easier construction. Depending on how efficiently triangles are cut from **Fabrics A** and **B**, 1 additional WOF strip may be needed, and has been allowed for in the yardage listed on page 2.

Fabrics A and B, cut from each:

- (7) 6½" x WOF; sub-cut
- (99) triangles
- (3) half-triangles
- (3) reversed half-triangles

Fabrics C–AC, cut from each:

- (1) 6½" x WOF; sub-cut
- (6) triangles

Fabrics AD and AE, cut from each:

- (1) 6½" x WOF; sub-cut
- (5) triangles and
- (1) half-triangle

Fabrics AF and AG, cut from each:

- (1) 6½" x WOF; sub-cut
- (5) triangles and
- (1) reversed half-triangle

Fabrics AH, AI, AJ, and AK, cut from each:

- (1) 6½" x WOF; sub-cut
- (4) triangles
- (1) half-triangle
- (1) reversed half-triangle

Fabric AL, bias-cut:

Enough 2½"-wide bias strips to make 300" of bias binding

Instructions

Note: All seam allowances are ¼" unless otherwise noted. Sew pieces right sides together. Press seam allowances open unless otherwise indicated.

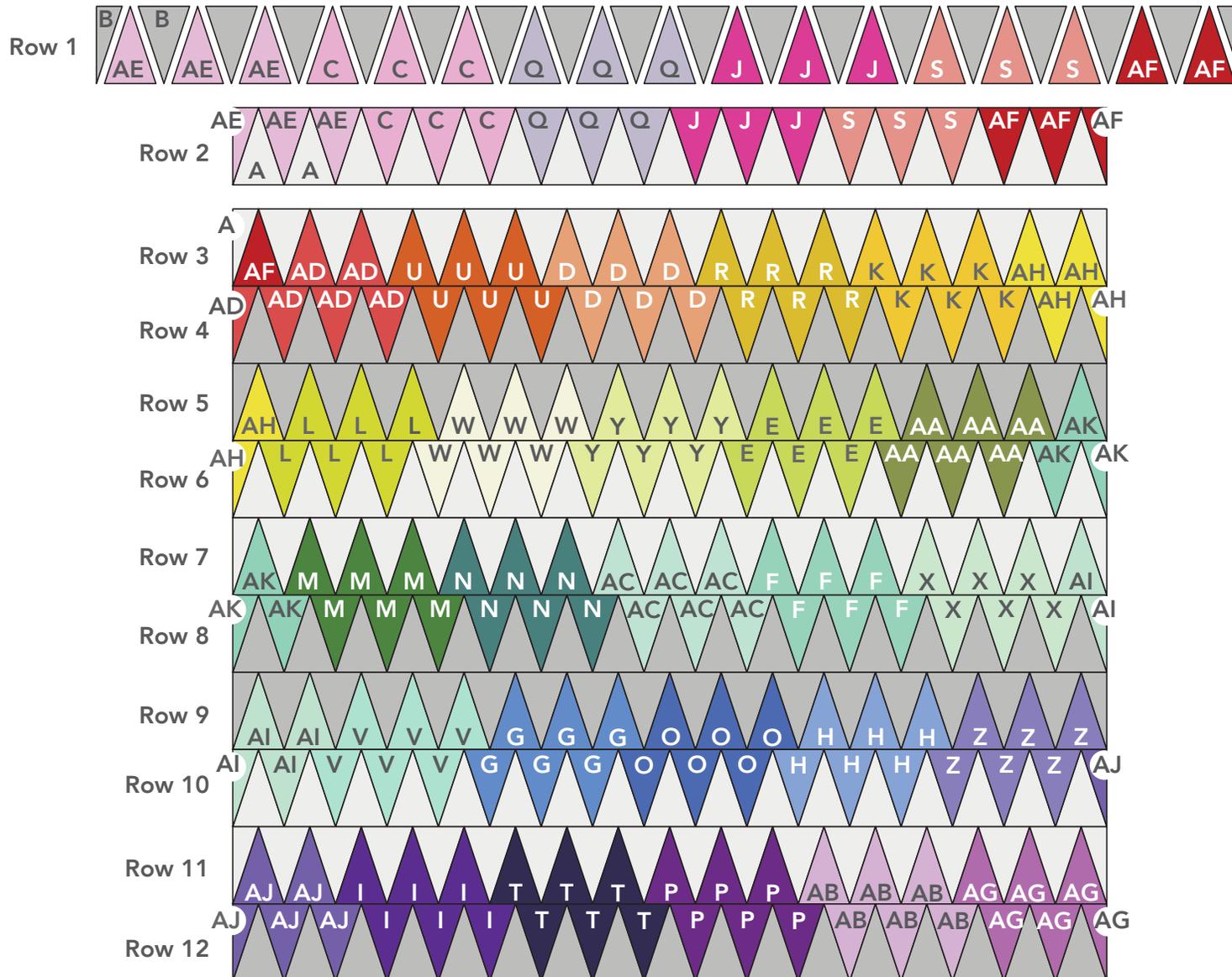
1. Referring to Row 1 in the **Quilt Layout** diagram (page 5) for fabric placement, arrange (16) **Fabric B** triangles, (3) each **Fabrics AE, C, Q, J, and S** triangles, (2) **Fabric AF** triangles, and (1) half-triangle and (1) reversed **Fabric B** half-triangles in a single horizontal row. Sew the triangles and half-triangles together along adjacent edges. Press.

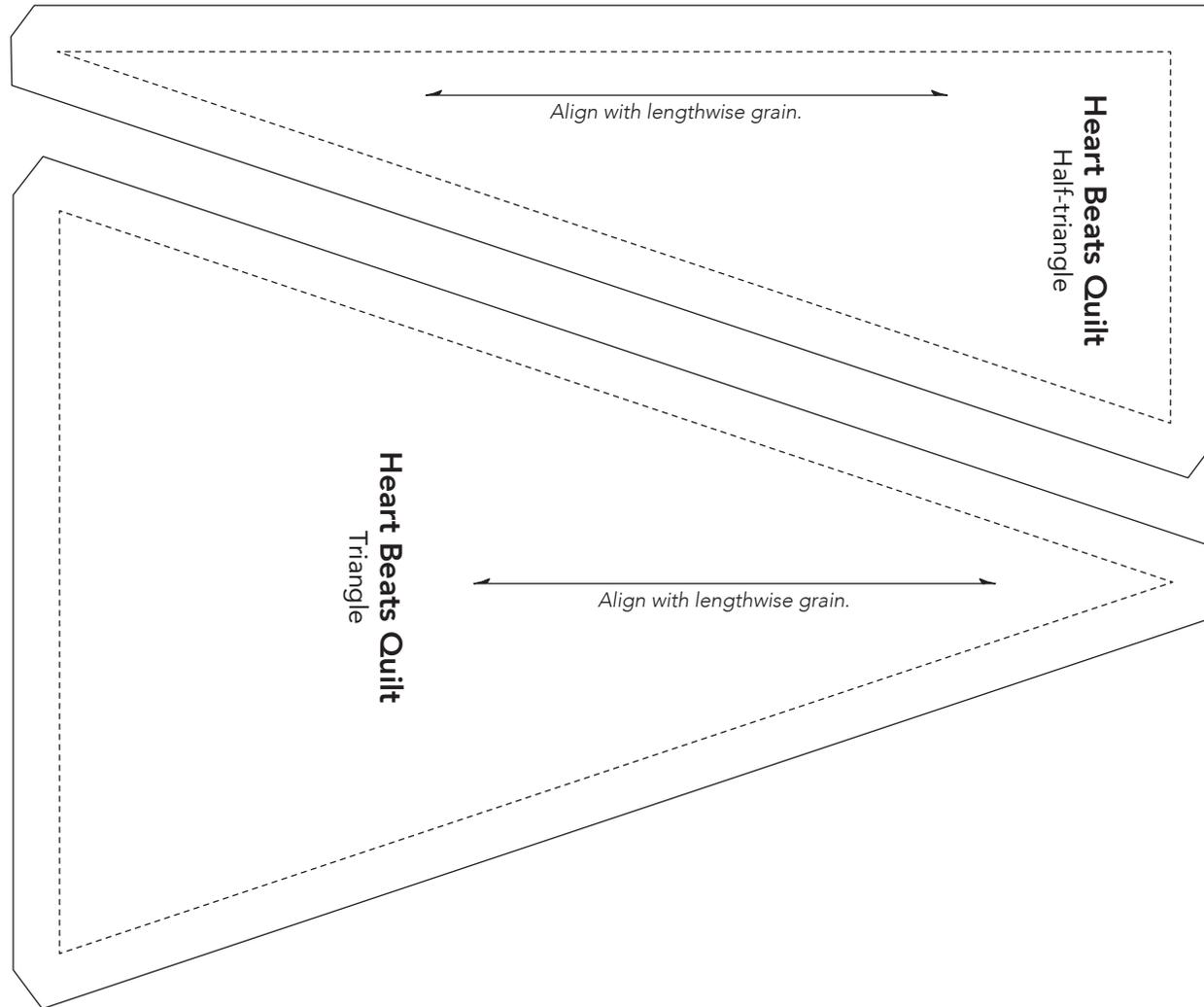
2. Refer to the **Quilt Layout** diagram (page 5) to arrange triangles and half-triangles for each additional row. Sew the triangles and half-triangles in each row together along adjacent edges. Press.
3. Sew the rows together along adjacent edges, noting that the upper points of the triangles in each row align vertically with the upper points of the triangles in the row below it. Press the seam allowances in one direction.

Finishing

4. Sew the bias-cut 2½" **Fabric AL** binding strips together end-to-end. Press the seams open. Press the binding strip in half wrong sides together.
5. Layer the backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the quilt top after quilting is completed.
6. Leaving an 8" tail of binding, sew binding to top of quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where these two loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" and press open. Finish sewing binding to quilt.
7. Turn the binding to the back of the quilt and hand stitch in place.

Quilt Layout





This square should
measure 1" x 1"
(2.54cm x 2.54cm)
when printed.

***** Measure templates before cutting to confirm printing at 100%*****