

# Chicken Salad Sew Along Guide

**Riley Blake**  
DESIGNS



Featuring Cook Book by Lori Holt of Bee in my Bonnet

# Chicken Salad

## Sew Along Schedule

[www.beeinmybonnetco.blogspot.com](http://www.beeinmybonnetco.blogspot.com)

Monday, January 10	Bee Prepared!
Monday, February 14	Hattie
Monday, February 21	Percy
Monday, February 28	Pearl
Monday, March 7	Cornelius
Monday, March 14	Henrietta
Monday, March 21	Edna
Monday, March 28	Beatrice
Monday, April 4	Penny
Monday, April 11	Prudence
Monday, April 18	Hank
Monday, April 25	Myrtle
Monday, May 2	Florence
Monday, May 9	The Big Finish!



# Chicken Salad Sew Along Guide

## FINISHED QUILT SIZE 64" x 80"

WOF = Width of Fabric, LOF = Length of Fabric

This guide requires a basic knowledge of quilting technique and terminology. The quilt and block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric.

The guide is intended to be used in conjunction with Lori Holt's Chicken Salad Sew Along. Join Lori on her blog every Monday starting January 31, 2022 at [beeinmybonnetco.blogspot.com](http://beeinmybonnetco.blogspot.com) for weekly instructions. Don't forget to watch for her Bee prepared blog post on [January 10, 2022](#).

## FABRIC REQUIREMENTS

- 1 FQ-11750-42 Cook Book Fat Quarter Bundle
- 1 Fat Quarter C745 Daisy Bee Cross Stitch
- 1¾ Yards C11761 Cloud Cherry Turnover
- ⅝ Yard C11769 Cayenne Tulips (Binding)

### Suggested Backing:

- 2½ Yards WB11776 Cayenne Table Cloth Wide Back

## OTHER SUPPLIES

- STT-24571 Chicken Salad Sew Simple Shapes
- STTI-5529 8½" Trim-it Ruler
- STTI-5532 12½" Trim-it Ruler
- ST-4819 16½" Trim-it Ruler
- ¼" Clover Bias Tape Maker
- 1 package ST-4913 Bee in my Bonnet Sew-in Interfacing
- STSEAMGUIDE Seams Sew Easy™ Seam Guide
- ST-11565 Appliqué Pretty Pins
- N093 Sue Daley Designs Appliqué Glue
- STB-6023 ¼" Cute Little Buttons
- TH-LH5080BB45 Bee Happy Aurifil Thread
- N039-7803 Clover Point 2 Point Turner
- STVT-24572 Large Alpine Vintage Trim
- DB-24605 – DB-24613 Cook Book Design Boards



\*NOTE: All appliqué block backgrounds are cut a little larger than unfinished size to allow for trimming up.

The appliqué portions of the quilt are made using Lori's appliqué method. The link below to Week 1 video of her previous Sew Along on Lori's YouTube Channel shows her appliqué technique.

<https://www.youtube.com/watch?v=V3ne52PjoDg&t=183s>



# Chicken Salad Sew Along Guide

## Cutting Diagram for Quilt & Block Border Fabrics **ONLY**

4½" x 8½"	4½" x 8½"	4½" x 8½"	4½" x 8½"	
4½" x 4½"	4½" x 4½"	4½" x 4½"	4½" x 4½"	
4½" x 4½"	4½" x 4½"			

From each Fat Quarter used in the Quilt & Block Borders only,  
(The 21 fabrics used for these are shown here on pages 3 & 4)

Cut 1 – 8½" x 21" strip and sub-cut into 4- 4½" x 8½" rectangles  
to use in the Blocks and Border.  
(Some prints do not use all 4 rectangles)

Cut 2 – 4½" x 21" strips and sub-cut into 6- 4½" x 4½"  
squares to use in the Blocks and Border.  
(Some prints do not use all 6 squares)

\*Note: Henrietta needs an egg from 4 of these prints.



C11750 Multi Wallpaper (Included in FQ Bundle)

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



C11751 Cayenne Floral (Included in FQ Bundle)

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



C11751 Cottage Floral (Included in FQ Bundle)

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



C11752 Cottage Dishes (Included in FQ Bundle)

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



C11752 Daisy Dishes (Included in FQ Bundle)

Cut 4 – 4½" x 4½" for Borders & Blocks

Cut 2 – 4½" x 8½" for Borders & Blocks



C11753 Frosting Breakfast (Included in FQ Bundle)

Cut 5 – 4½" x 4½" for Borders & Blocks



C11753 Songbird Breakfast (Included in FQ Bundle)

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



# Chicken Salad Sew Along Guide



**C11754 Coral Rooster (Included in FQ Bundle)**

Cut 4 – 4½" x 4½" for Borders & Blocks

Cut 2 – 4½" x 8½" for Borders & Blocks



**C11754 Cottage Rooster (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



**C11755 Coral Luncheon (Included in FQ Bundle)**

Cut 3 – 4½" x 4½" for Borders & Blocks

Cut 4 – 4½" x 8½" for Borders & Blocks



**C11755 Sea Glass Luncheon (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



**C11756 Coral Kitchen Window (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks

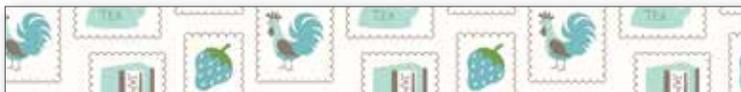
Cut 1 – 2" x 2½" use M36 for Henrietta



**C11756 Cottage Kitchen Window (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



**C11757 Cottage Stamps (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 2 – 4½" x 8½" for Borders & Blocks

Cut 1 – 2" x 2½" use M36 for Henrietta



**C11757 Red Stamps (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



**C11758 Denim Cherries (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



**C11758 Red Cherries (Included in FQ Bundle)**

Cut 4 – 4½" x 4½" for Borders & Blocks

Cut 2 – 4½" x 8½" for Borders & Blocks

Cut 1 – 2" x 2½" use M36 for Henrietta



**C11759 Cottage Dinner (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



**C11759 Daisy Dinner (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks



**C11760 Daisy Fruit (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 3 – 4½" x 8½" for Borders & Blocks

Cut 1 – 2" x 2½" use M36 for Henrietta



**C11760 Songbird Fruit (Included in FQ Bundle)**

Cut 5 – 4½" x 4½" for Borders & Blocks

Cut 2 – 4½" x 8½" for Borders & Blocks

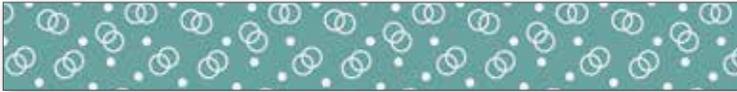
# Chicken Salad Sew Along Guide



**C11761 Cloud Cherry Turnover (1¾ Yards)**  
Cut 12 – 13½" x 13½" for Chicken & Rooster Block Backgrounds



**C11762 Cayenne Ring Toss (Included in FQ Bundle)**  
Cut 2 – 2" x 2½" use M1 for Prudence & Cornelius  
Cut 3 – 2½" x 3" use M2 for Prudence, Myrtle, & Percy  
Cut 7 – 2½" x 2½" use M3 for Beatrice, Hank, Hattie, Henrietta, Penny, Florence, & Edna  
Cut 6 (\*2 Reversed) – 2" x 2½" use M4 for Pearl, Beatrice (\*R), Cornelius, Penny, Percy, & Florence (\*R)  
Cut 1 – 2" x 2½" use M5 for Myrtle  
Cut 1 – 2" x 2" use M6 for Pearl  
Cut 1 – 2½" x 3½" use M7 for Hattie  
Cut 1 – 2" x 3" use M8 for Hank  
Cut 1 – 2½" x 3" use M9 for Edna  
Cut 1 – 3" x 3½" use M10 for Henrietta



**C11762 Teal Ring Toss (Included in FQ Bundle)**  
Cut 1 – 6½" x 8" use M25 for Cornelius  
Cut 1 (Reversed) – 4½" x 4½" use M15 for Percy  
Cut 1 – 3½" x 5½" use M16 for Edna



**C11763 Daisy Blossom (Included in FQ Bundle)**  
Cut 1 (Reversed) – 5" x 5" use M13 for Hank  
Cut 4 (\*1 Reversed) – 2" x 2" use M23 for Prudence, Cornelius (\*R), Penny, & Florence  
Cut 4 (\*2 Reversed) – 3" x 3" use M24 for Prudence, Hattie, Pearl (\*R), & Edna (\*R)



**C11763 Denim Blossom (Included in FQ Bundle)**  
Cut 1 – 3½" x 4½" use M14 for Cornelius  
Cut 1 – 8" x 10" use M29 for Myrtle  
Cut 2 (1 Reversed) – 3" x 4½" use M20 for Edna



**C11764 Cayenne Kitchen Tile (Included in FQ Bundle)**  
Cut 1 – 3½" x 5½" use M16 for Prudence  
Cut 1 – 5" x 5" use M13 for Cornelius  
Cut 2 (Reversed) – 4" x 4½" use M12 for Percy



**C11764 Denim Kitchen Tile (Included in FQ Bundle)**  
Cut 1 – 4½" x 4½" use M15 for Florence



**C11764 Pewter Kitchen Tile (Included in FQ Bundle)**  
Cut 1 – 5" x 9" use M35 for Henrietta  
Cut 1 – 8" x 8½" use M30 for Pearl



**C11764 Sea Glass Kitchen Tile (Included in FQ Bundle)**  
Cut 2 (Reversed) – 4" x 5" use M21 for Beatrice



**C11765 Alpine Linoleum (Included in FQ Bundle)**  
Cut 1 (Reversed) – 3½" x 4½" use M14 for Hank  
Cut 1 – 6½" x 8½" use M33 for Penny



**C11765 Coral Linoleum (Included in FQ Bundle)**  
Cut 1 – 8½" x 8½" use M28 for Hattie

# Chicken Salad Sew Along Guide



C11766 Leaf Vintage (Included in FQ Bundle)

Cut 1 – 7" x 8½" use M31 for Edna



C11766 Pebble Vintage (Included in FQ Bundle)

Cut 1 – 7½" x 9" use M34 for Beatrice

Cut 1 – 4" x 4" use M22 for Penny



C11767 Cottage Bubbles (Included in FQ Bundle)

Cut 1 – 4" x 5½" use M17 for Hattie



C11767 Pebble Bubbles (Included in FQ Bundle)

Cut 1 (Reversed) – 6½" x 8" use M25 for Hank



C11767 Daisy Bubbles (Included in FQ Bundle)

Cut 1 – 4" x 4½" use M12 for Cornelius

Cut 1 – 5" x 5" use M18 for Myrtle

Cut 2 (1 Reversed) – 3" x 4½" use M20 for Henrietta

Cut 4 (\*2 Reversed) – 2" x 2" use M23 for Hattie, Pearl (\*R),  
Edna (\*R), & Prudence

Cut 4 (\*2 Reversed) – 3" x 3" use M24 for Prudence,  
Cornelius (\*R), Penny (\*R), & Florence



C11767 Granny Smith Bubbles (Included in FQ Bundle)

Cut 1 – 7" x 9" use M26 for Florence



C11768 Cottage Mums (Included in FQ Bundle)

Cut 1 – 7" x 9" (Reversed) use M26 for Percy



C11768 Pewter Mums (Included in FQ Bundle)

Cut 1 – 7" x 7½" use M27 for Prudence

Cut 1 – 3½" x 5½" use M16 for Prudence



C11769 Cayenne Tulips (Included in FQ Bundle plus 5/8 Yard)

Cut 8 – 2½" x WOF for Binding

Cut 1 – 3½" x 4" use M11 for Pearl

Cut 1 – 4" x 5" use M19 for Pearl

Cut 2 – 4" x 5" use M21 for Penny

Cut 1 – 4" x 4½" (Reversed) use M12 for Hank



C11769 Cottage Tulips (Included in FQ Bundle)

Cut 1 – 8" x 8" use M32 for Henrietta

Cut 2 – 4" x 4½" use M12 for Florence



C745 Daisy Cross Stitch (Fat Quarter)

Cut 15 – 5/8" x 21" for ¼" Straight Bias



# Cutting Guide for Chicken Salad Sew Simple Shapes

Use when cutting fabric and sew-in interfacing  
for the Chicken Salad Sew Along



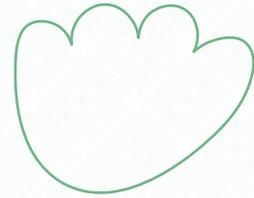
**M-1**  
2" x 2½"  
Cut 2



**M-2**  
2½" x 3"  
Cut 3



**M-3**  
2½" x 2½"  
Cut 7



**M-4**  
2" x 2½"  
Cut 6  
(Trace 2 Reversed)



**M-5**  
2" x 2½"  
Cut 1



**M-6**  
2" x 2"  
Cut 1



**M-7**  
2½" x 3½"  
Cut 1



**M-8**  
2" x 3"  
Cut 1



**M-9**  
2½" x 3"  
Cut 1



**M-10**  
3" x 3½"  
Cut 1



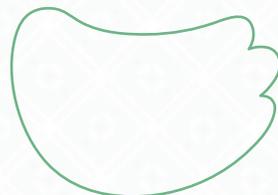
**M-11**  
3½" x 4"  
Cut 1



**M-12**  
4" x 4½"  
Cut 6  
(Trace 3 Reversed)



**M-13**  
5" x 5"  
Cut 2  
(Trace 1 Reversed)



**M-14**  
3½" x 4½"  
Cut 2  
(Trace 1 Reversed)



**M-15**  
4½" x 4½"  
Cut 2  
(Trace 1 Reversed)



**M-16**  
3½" x 5½"  
Cut 3

# Cutting Guide for Chicken Salad Sew Simple Shapes

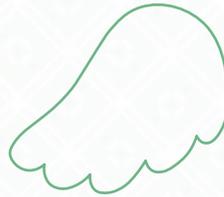
Use when cutting fabric and sew-in interfacing  
for the Chicken Salad Sew Along



**M-17**  
4" x 5½"  
Cut 1



**M-18**  
5" x 5"  
Cut 1



**M-19**  
4" x 5"  
Cut 1



**M-20**  
3" x 4½"  
Cut 4  
(Trace 2 Reversed)



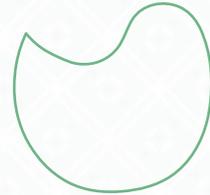
**M-21**  
4" x 5"  
Cut 4  
(Trace 2 Reversed)



**M-22**  
4" x 4"  
Cut 1



**M-23**  
2" x 2"  
Cut 8  
(Trace 4 Reversed)



**M-24**  
3" x 3"  
Cut 8  
(Trace 4 Reversed)



**M-25**  
6½" x 8"  
Cut 2  
(Trace 1 Reversed)



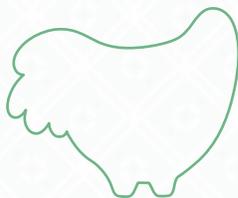
**M-26**  
7" x 9"  
Cut 2  
(Trace 1 Reversed)



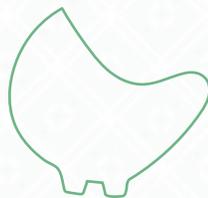
**M-27**  
7" x 7½"  
Cut 1



**M-28**  
8½" x 8½"  
Cut 1



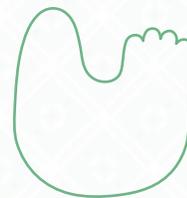
**M-29**  
8" x 10"  
Cut 1



**M-30**  
8" x 8½"  
Cut 1



**M-31**  
7" x 8½"  
Cut 1



**M-32**  
8" x 8"  
Cut 1

## Cutting Guide for Chicken Salad Sew Simple Shapes

Use when cutting fabric and sew-in interfacing  
for the Chicken Salad Sew Along



**M-33**  
6½" x 8½"  
Cut 1



**M-34**  
7½" x 9"  
Cut 1



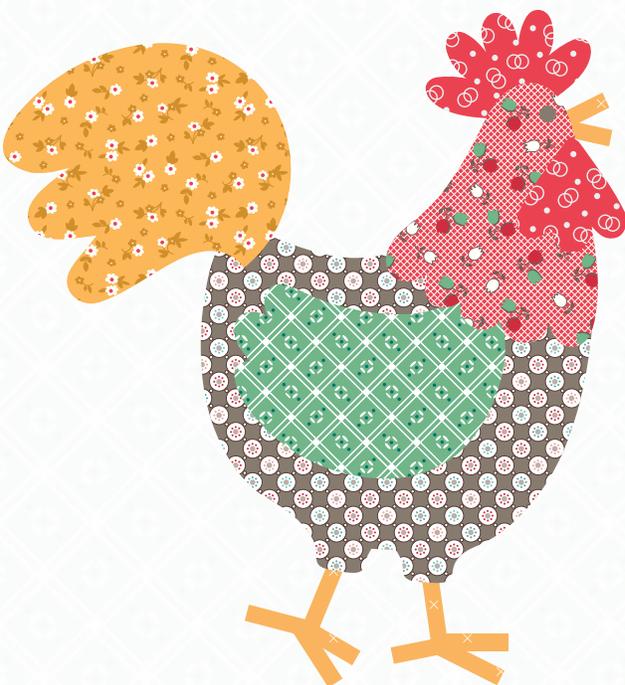
**M-35**  
5" x 9"  
Cut 1



**M-36**  
2" x 2½"  
Cut 4

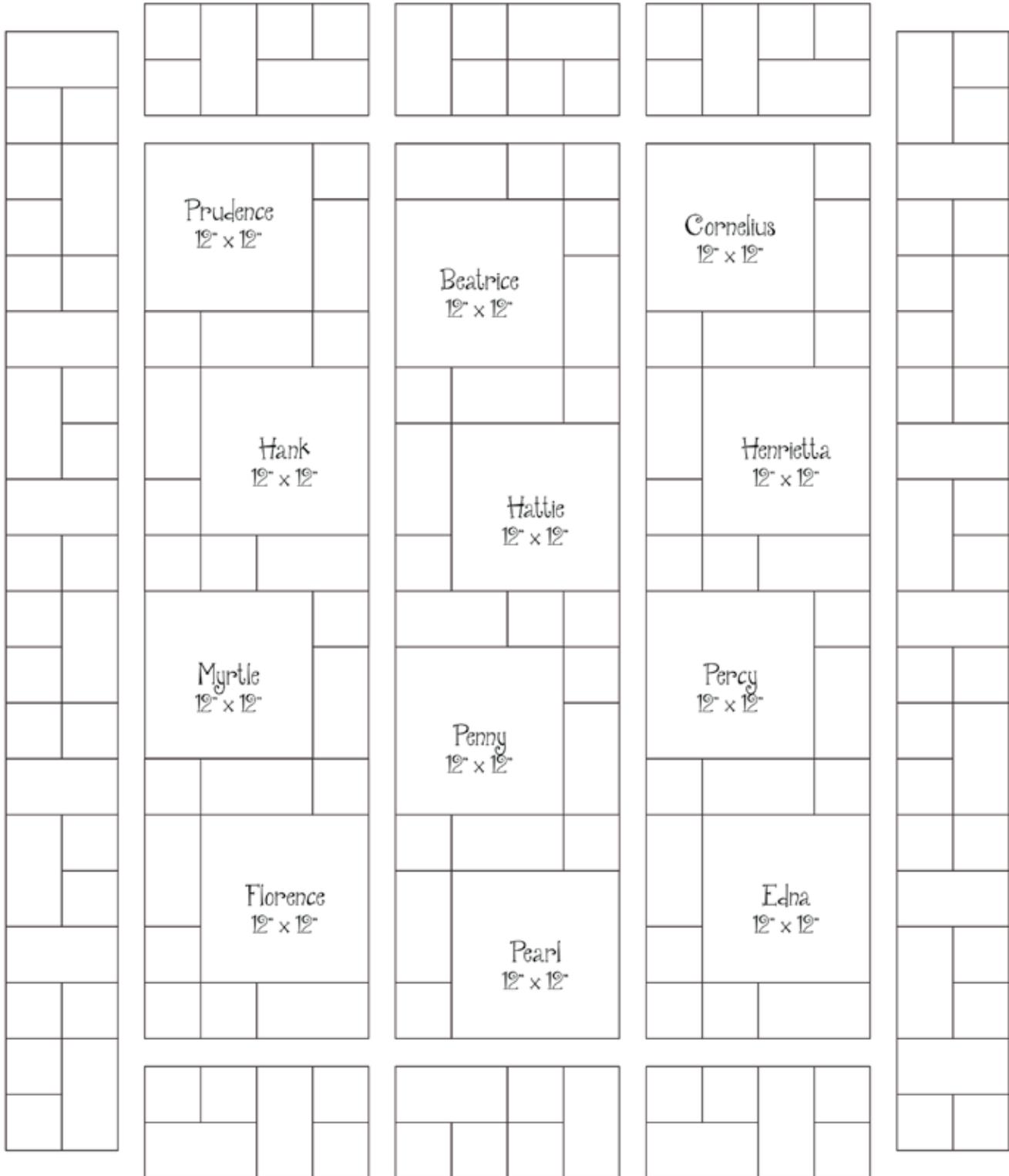
## Cutting Guide for Strips for Bias Tape Makers

For ¼"  
Bias Tape Maker  
...  
Cut  
⅝" Wide



# Chicken Salad Sew Along Guide

Block, Section and Border Layout for the Chicken Salad Quilt  
 Appliqué Chicken Blocks finish at 12" x 12" (unfinished 12½" x 12½").  
 After adding Border, Blocks finish at 16" x 16" (unfinished 16½" x 16½").  
 Quilt Border Blocks finish at 8" x 8" (unfinished 8½" x 8½").

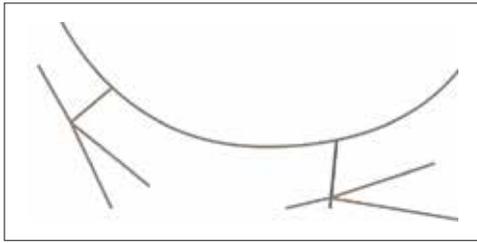


**Chicken Salad Quilt Size 64" x 80"**

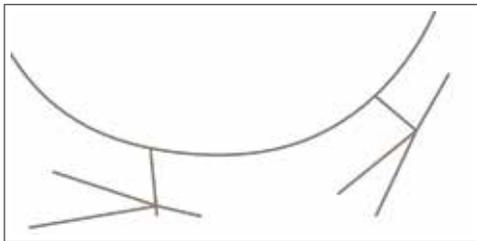
10 Yards Large Alpine Vintage Trim Needed for Inside Binding & 2½ Yards Table Cloth Wide Back for Backing.

# Chicken Salad Sew Along Guide

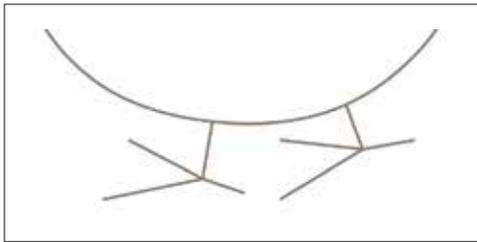
## Baby Chick Feet Embroidery Guide



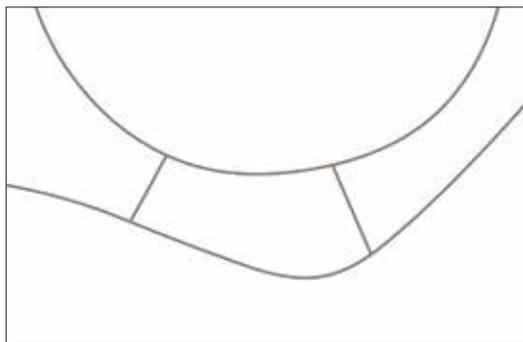
Prudence and Florence Baby Chick Feet



Cornelius Baby Chick Feet



Penny, Pearl, and Edna Baby Chick Feet



Hattie Baby Chick Feet

This should  
measure  
1 inch.

\*Tape these patterns onto Lori's Easy Trace™ Light Box using her Cook Book™ Washi Tape and trace lines directly onto fabric with a .05 mechanical pencil. Your embroidery will cover the pencil lines!

\*Lori used 3 strands of floss and a backstitch to embroider the baby chick feet.

# Chicken Salad Sew Along Guide



Beatrice



Cornelius



Florence



Henrietta



Hank



Edna

# Chicken Salad Sew Along Guide



Hattie



Prudence



Myrtle



Penny



Pearl



Percy

